



Dear Parents/Carers

In today's session we talked about "Our Bodies".

We talked about the importance of the private places we all have on our bodies. We introduced two sets of rules, (the second set being specifically for children) to help keep our bodies safe for e.g., 'Your private places are special, look after them and keep them safe and you are the boss of your body and your private places'.

We also discussed good and bad/yukky secrets. We used our puppet KS to role-play a good secret and a Yukky secret. The good secret was surprising KS by singing Happy Birthday to him and the Yukky secret was inappropriate touching by someone who asked KS to keep this a secret.

We again talked about the trusted adults the children could tell if they ever had Yukky feelings. We would welcome any comments you or your children have in relation to this session.

Yours sincerely  
Mrs Mackenzie and Mrs Daly