

Curriculum Progression Map - RHE

Dimensions Curriculum

Year group	Term	Week	Knowledge and skills	Key vocabulary
Reception	Autumn 1	Ongoing	To follow school rules RHE - assemblies	Happy, friends, take turns, others around us, rules
		1	Baseline x 3 weeks	
		2	To resolve conflicts by finding compromises	
		3	To begin to negotiate and solve problems without aggression	
		4	To be confident to speak about others needs	
		5	To play co-operatively and take turns	
		6	Dimensions Link Hide and Seek, Nan's House, I Like, It's your turn,	
Year 1	Autumn 1	Ongoing	To follow school rules RHE - assemblies	Rules, behaviour, positive, expectations, safe, friends, caring, friendship
		1	Rules/Expectations To understand why we have rules and expectations	
		2	Rules/Expectations To understand how to respond to life of the class	
		3	Internet Safety To understand how to use the internet in a safe way.	
		4	Friendship - Forever Friends To develop positive relationships with peers.	
		5	Friendship - Making Friends To understand the importance of making friends and develop positive relations through work and play.	
		6	Taking Turns - It's your turn To know it is important to take turns.	
Year 2	Autumn 1	Ongoing	To follow school rules RHE - assemblies	Friendship, sharing, fair, unfair, right, wrong, community, belonging, strangers, danger
		1	Friendship - Hola! Bonjour! To develop friendships and understand qualities of being a good friend	
		2	Friendship - Share Alike To understand sharing is an important part of friendship	
		3	Fair and Unfair - It's not fair To understand the difference between right and wrong and what is fair and unfair	
		4	Our School - Common Goods To understand being part of a school community To understand ways of looking after a school community	

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		5	<p><i>Belonging - I Belong, Join our club</i></p> <p><i>To develop a sense of belonging in a wider community</i></p>	
		6	<p><i>Staying Safe - I don't know you</i></p> <p><i>To understand stranger danger</i></p>	
Reception	Autumn 2	Ongoing	<p><i>To follow school rules</i></p> <p><i>RHE - assemblies</i></p>	<p><i>Problem, solve, friend, help, feelings, happy, sad, upset, unhappy, kind, caring</i></p>
		1	<i>Beginning to be able to negotiate and solve problems without aggression</i>	
		2	<i>To join in and enjoys a range of activities</i>	
		3	<i>To work together cooperatively towards common goals</i>	
		4	<i>To be confident to try new activities</i>	
		5	<i>To say when they do or don't need help</i>	
		6	<p><i>To show sensitivity to others' needs and feelings and forms positive relationships with adults and other children</i></p> <p><i>To initiate conversations, attends to and takes account of what others say</i></p> <p><i>Dimensions link - What's a Problem, Take the Plunge, An Old Friend</i></p>	
Year 1	Autumn 2	Ongoing	<p><i>To follow school rules</i></p> <p><i>RHE - assemblies</i></p>	<p><i>Golden rules, manners, please, thank you, happy, sad, cross, worried, angry, scared, frightened, feelings</i></p>
		1	<p><i>Good Manners - How Rude!</i></p> <p><i>To understand the importance of using good manners.</i></p>	
		2	<p><i>Happiness - Smile</i></p> <p><i>To understand and explore happiness.</i></p>	
		3	<p><i>Anger - Grrrr!</i></p> <p><i>To understand the feeling of anger and why we might sometimes feel like this.</i></p>	
		4	<p><i>Feelings - How I feel</i></p> <p><i>To explore different feelings and develop understanding</i></p>	
		5	<i>Responses - You and Me</i>	
		6	<p><i>Opinions - I think</i></p> <p><i>To express ideas and how we feel.</i></p>	
Year 2	Autumn 2	Ongoing	<p><i>To follow school rules</i></p> <p><i>RHE - assemblies</i></p>	<p><i>Golden rules, manners right, wrong, choices, bad, good, fair, unfair, goal, negotiate, listening, co-operation</i></p>
		1	<p><i>Right and Wrong - in the right</i></p> <p><i>To understand the differences between right and wrong</i></p>	
		2	<p><i>Consequences - Good V Bad</i></p> <p><i>To understand the differences between right and wrong and what is fair and unfair</i></p>	
		3	<p><i>Aspirations - It's a Goal</i></p> <p><i>To know it is important to have a goal to work towards</i></p>	
		4	<p><i>Co-operation - Negotiation</i></p> <p><i>To understand the importance of listening to others and working co-operatively</i></p>	

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		5	Co-operation - Want to play? To understand the importance of listening to others and working co-operatively	
		6	Co-operation - Let's Debate To understand the importance of listening to others and working co-operatively	
Reception	Spring 1	Ongoing	To follow School Rules RHE assemblies RHE themed week - end of this half term	Unique, individual, celebrate, group, together, rules, feelings, sympathy, sadness, relief etc
		1	To describe self in positive terms and talk about	
		2	ways that they are unique	
		3	To celebrates individuality	
		4	To work as part of a group or class, and understands and follows the rules	
		5	Takes account of one another's ideas about how to organise an activity To be confident to speak in a familiar group	
		6	To talk about ideas To ask appropriate questions of others To recognise what can cause different feelings (e.g. sympathy, sadness, relief) Dimensions link - Me and You, Stick to the rules, Rainy days, I feel poorly	
Year 1	Spring 1	Ongoing	To Follow School Rules RHE assemblies RHE themed week - end of this half term	Healthy, hygiene, germs, choices, wellbeing, health, physical, exercise, compare, comparisons
		1	Washing Hands - Meet Grub To make choices to keep me healthy	
		2	Healthy Eating - Vote Green To make simple choices to improve health and wellbeing i.e. healthy eating	
		3	Healthy Eating - Meat Eaters To make simple choices to improve health and wellbeing i.e. healthy eating	
		4	Healthy Eating - Pa To make simple choices to improve health and wellbeing i.e. healthy eating party Time	
		5	Physical Activity - Get Physical! To understand the need for physical activity to keep health	
		6	Comparisons - All the Same To make comparisons with others	
Year 2	Spring 1	Ongoing	To follow school rules RHE assemblies RHE themed week - end of this half term	Clean, bath, wash, hygiene, personal, dental, teeth, brushing, oral
		1	Keeping clean - bath time To manage personal hygiene to understand the importance of maintaining personal hygiene Kidsafe - Building Trust and introduction of feelings sad, scared and worried	
		2	Skin - skinny tips To understand how to look after my skin	

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			Kidsafe - Bullying - saying no and trusted adults	
		3	Dental hygiene - brushing up To understand the importance of personal dental hygiene Kidsafe - Computing and Internet Safety and age ratings	
		4	Dental hygiene - bright white To understand the importance of personal dental hygiene Kidsafe - Keeping our body and private places safe	
		5	Dental hygiene - top teeth To understand the importance of personal dental hygiene Kidsafe - Parents and Carers arguing Course Evaluation	
		6	Drug safety - magic medicine To understand the importance of personal dental hygiene	
Reception	Spring 2	Ongoing	To follow school rules RHE - assemblies	Behaviour, consequences, hygiene, clean, tidy, bullying, kind, unkind, consequence, feelings, special, family, relationship, positive, self, achievements, help, care for, look after
		1	To talk about their own and others' behaviour and its consequences	
		2	To understand the importance of personal hygiene	
		3	To talk about their own and others' behaviour and its consequences	
		4	To know that bullying is unacceptable behaviour	
		5	To show sensitivity to others' needs and feelings and form positive relationships with adults and other children	
		6	To recognises ways in which their families are special To describe self in positive terms and talk about abilities To talk about their achievements and what they are good at To explain own knowledge and understanding To say when they need help To know the people who look after them Dimensions link - Clean and tidy, Bully Boy, Family Fun, All join in, I'm stuck, A piece of cake	
Year 1	Spring 2	Ongoing	To follow school rules RHE - assemblies	Kind, unkind, sad, upset, feelings, behaviour, bullying, affect, consequences
		1	Definition - A Bully is... To recognise kind and unkind behavior To understand about bullies and bullying behaviour	
		2	Unkindness - Blame Game To recognise kind and unkind behaviour	
		3	Behaviour - Bullying is... To understand about bullies and bullying behaviour	
		4	Behaviour - and + To understand how behavior can affect other people	
		5	Personal Safety - Secret Surprise	
		6	Emotional Safety - Getting Help To know who are safe people to go to when we are not sure about something	

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Year 2	Spring 2	Ongoing	To follow school rules RHE - assemblies	Differences, boys, girls, body, physical changes, growing, young, old, adult, exercise
		1	Similarities and Differences - Boys v Girls To identify and respect differences between girls and boys	
		2	The human body - body bits To name the different parts of the body To understand and recognise the simple physical changes in body from birth	
		3	Growing up - all grown up TO understand the process of growing from young to old	
		4	Changing needs - I need To understand and recognise the simple physical changes in body from birth To understand emotional changes as they grow up	
		5	Physical activity - mighty muscles To understand and recognise the simple physical changes in body from birth	
		6	Exercise - workout! To know the importance of exercise for the body	
Reception	Summer 1	Ongoing	To follow school rules RHE - assemblies	Body, exercise, caring, pets, feelings, help, safety, safe
		1	To take account of one another's ideas about how to organise an activity To recognise that their bodies can do	
		2	lots of different things	
		3	To know why it is important to be physically active	
		4	To show awareness of physical differences	
		5	To join in and enjoys a range of activities	
		6	To know how to care for other living things To know how they and others show feelings To say when they do or do not need help To knows how to make good decision To begin to develop an awareness of E-Safety Dimensions link - Busy body, The new pet, Getting in a knot, E safety, be safe	
Year 1	Summer 1	Ongoing	To follow school rules RHE - assemblies	
		1	Kindness - Give a Little To understand kindness Kidsafe - Building Trust and introduction of feelings sad, scared and worried	
		2	Family - My Family To understand the importance of family Kidsafe - Bullying - saying no and trusted adults	
		3	Family - My Special People	

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			<p>To understand the importance of family To identify special people and what makes them special Kidsafe - Computing and Internet Safety and age ratings</p>	
		4	<p>Caring - Talking to Plants To understand caring and how we can show this Kidsafe - Keeping our body and private places safe</p>	
		5	<p>Lending/Borrowing - The Borrowers To understand where money comes from Kidsafe - Parents and Carers arguing Course Evaluation</p>	
		6	<p>Sharing - Share the Booty</p>	
Year 2	Summer 1	Ongoing	<p>To follow school rules RHE - assemblies</p>	<p>Behaviour, choices, right, wrong, good, bad, impulsive, fair, unfair, bully, bullying, environment, community, wider enterprise, citizenship, responsibility, fault</p>
		1	<p>Behaviour - help me! To understand behaviour and how to make right choices To recognise the difference between right and wrong and explain what is fair and unfair to know and recognise the differences between good and bad choices/impulsive and considered behaviour</p>	
		2	<p>Behaviour - in my shoes To understand behaviour and how to make right choices To recognise the difference between right and wrong and explain what is fair and unfair to know and recognise the differences between good and bad choices/impulsive and considered behaviour</p>	
		3	<p>Teasing - cry baby To recognise different types of teasing and bullying, understand that bullying wrong and know to get help with bullying</p>	
		4	<p>Local citizenship - local area To understand role in class community and local area To consider ways of looking after the school and local environment</p>	
		5	<p>Local citizenship - community care To have a developed sense of belonging in the wider community</p>	
		6	<p>Responsibility - who's at fault? To understand the importance of shared responsibility within all communities</p>	
Reception	Summer 2	Ongoing	<p>To follow school rules RHE - assemblies</p>	<p>Feelings, friends, behaviour, consequences, play together, problems, actions, environment</p>
		1	<p>To explain own knowledge and understanding</p>	
		2	<p>To shows sensitivity to others' needs and feelings and form positive relationships with adults and other children</p>	
		3	<p>To talk about their own and others' behaviour and its consequences</p>	
		4	<p>To play cooperatively and learn to take turns</p>	
		5	<p>To take steps to resolve conflicts with other children by finding compromises</p>	

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		6	<p>To be confident to speak to others about own needs, wants, interests and opinions</p> <p>To begin to be able to negotiate and solve problems without aggression</p> <p>To begin to consider the impact of their actions on others and the environment</p> <p>Dimensions link - Eid Mubarak, Playtime games, Litter bug</p> <p>Kidsafe</p> <p>Session 1 - Trust</p> <p>Session 2 - Yucky Feelings - sad, scared and worried</p> <p>Session 3 - Bullying - introducing trusted grown-ups within school</p> <p>Session 4 - Voice - naming of trusted grown-ups using voice</p> <p>Session 5 - Computer and Internet Safety and age ratings</p> <p>Session 6 - How arguing makes us feel</p> <p>Evaluation</p>	
Year 1	Summer 2	Ongoing	<p>To follow school rules</p> <p>RHE - assemblies</p>	sun safety, road safety, green cross code, money, sensible, borrowing, safe
		1	<p>Sun Safety - It's a Cover Up</p> <p>To know how to keep safe in the sun</p>	
		2	<p>Road Safety - Green X Code</p> <p>To know and use basic road safety skills</p>	
		3	<p>Money - Grows on trees?</p> <p>To understand the concept of money</p>	
		4	<p>Money - Coining it in</p> <p>To understand the concept of money</p> <p>To know about borrowing</p>	
		5	<p>Money - Keep money safe</p> <p>To know how to keep money safe</p>	
		6	<p>End of term activities</p>	
Year 2	Summer 2	Ongoing	<p>To follow school rules</p> <p>RHE - assemblies</p>	Feelings, love, sadness, money, managing, careful, choices, sensible, enterprise
		1	<p>Emotions - mood swings</p> <p>To understand that feelings can change and affect how we react</p>	
		2	<p>Love - three little words</p> <p>To understand different emotions</p>	
		3	<p>Sadness - how to cope</p> <p>To understand different emotions</p>	
		4	<p>Money - shopping list</p> <p>To understand the importance of managing money carefully and that we cannot always afford the items we want to buy</p>	



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		5	<i>Choices - this or that To understand the importance of choices and spending money wisely</i>	
		6	<i>Enterprise - Dragon's Den To have a basic understanding of enterprise and contribute to enterprise activities</i>	