



www.kidsafeuk.co.uk



Dear Parents/Guardians

KIDSAFE is a specialised Child Protection Programme which will be delivered into your school.

The KIDSAFE programme deals with building children's confidence, self esteem and equips children with effective skills to deal with unsafe situations. KIDSAFE enables children to value themselves and others and helps children to make wise and healthy choices/decisions in their lives. KIDSAFE teaches children to recognise and/or prevent abuse i.e., what is appropriate and what is not appropriate, this is done in a fun non-scary way through a variety of media including the use of a puppet, games, singing and worksheets.

Topics covered during the course include:-

Raising self confidence, feelings – talking about our feelings, bullying, respecting our bodies, inappropriate touching, secrets, communication skills, assertion – saying NO and computer/internet safety.

The purpose of the KIDSAFE programme is to develop your child's ability to recognise unsafe situations, and to take action to protect themselves.

Over the next few weeks during circle time the children will be looking at the following areas:

Self-confidence/self-esteem, feelings/talking about feelings, dealing with bullying, respecting our bodies, inappropriate touching, secrets in relation to abuse, communication skills, assertion skills Saying "No", computer and internet safety.

You, the parents/carers are children's most important teachers, and to provide maximum safety for children your role is vital. After each session we will send home a letter telling you what we did during the session.

Today, the Kidsafe tutor/s introduced themselves and played some getting to know you games with the children, including talking with the children on the ways they already keep themselves safe, the meaning of trust and helped the children become more aware of their feelings so that if they are worried or scared they will have the vocabulary to voice their feelings, we called these worried/scared feelings YUKKY feelings.

We welcome any feedback from parents/carers about children's comments or indeed parents/carers comments in relation to the programme.

Yours sincerely

Mrs Mackenzie and Mrs Daly