




Brisbane Park Infant School

PSHE RSE Policy

Approved by ¹	
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Signed:	
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At Brisbane Park Infant School We believe that PSHE (Personal, Social, Health and Economic) should enable children to become healthier, more independent and more responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. We encourage children to develop in their citizenship knowledge and understanding too, in so doing we help develop their sense of self-worth. We teach children both about their rights and about their responsibilities. They learn to appreciate what it means to be a positive member of a diverse and multicultural society.

The aims of our PSHE and Citizenship curriculum is to enable the children to:

- know and understand a healthy lifestyle;*
- be aware of safety issues;*
- understand what makes for good relationships with others;*
- have respect for others;*
- be independent and responsible members of a community, such as school;*
- be positive and active members of a democratic society;*
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;*
- develop good relationships with other members of the community.*

We also teach the RSE curriculum in our school too. We aim to provide a nurturing and inclusive environment, giving children the opportunity to develop knowledge, skills and values to lead a healthy and safe life. Our curriculum gives the children the opportunity to complement and reinforce what they have learned previously, at home or in school and to help them understand different emotions to promote well-being. Lessons are taught at an age appropriate level and all content is suitable for the key stage in which it is taught.

Teaching and learning style

We use the KAPOW scheme of work for our lessons for PSHE and RSE, teachers and teaching assistants adapt the lessons when needed to ensure they meet the needs for individual classes. We use a range of teaching and learning styles to meet the requirements off the National Curriculum along with the skills we recognise that our pupils will need. The implementation of these subjects is through active learning, including the children in discussions, investigations and problem-solving activities. We encourage the children to take part in a range of tasks that promote active citizenship, for example charity fundraising, the planning of special school events (such as an assembly or open evening), or involvement in helping other individuals or groups less fortunate than themselves. We organise classes in such a way that children are able, through discussion, to set agreed classroom rules of behaviour, and resolve any conflicts. We offer children the opportunity to hear visiting speakers, such as health workers, police, and local clergy, whom we invite into the school to talk about their role in creating a

positive and supportive local community. This is further supported through the schools' annual PSHE week.

We also develop PSHE and citizenship through various activities and whole-school events i.e. PSHE week/Inspirational Day.

The Foundation Stage

KAPOW is also used in the Reception classes and adaptations are made as needed. We teach PSHE in Reception as an integral part of our topic work. We relate the PSHE aspects of the children's work to the objectives set out in the Early Learning Goals (ELGs). Our teaching in PSHE matches the aim of developing a child's personal, emotional and social development as set out in the ELGs. We also support PSHE through children's 'knowledge and understanding of the world'.

Teaching PSHE and RSE to children with special needs

We teach the curriculum to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children with learning difficulties. Where necessary intervention will be provided, feeding into IPP/EHCP documentation. When teaching the objectives, teachers consider the targets set for the children in accordance with their needs.

For gifted and talented pupils' teachers will provide additional opportunities to take responsibility, develop leadership skills, think creatively and use their talents for the good of the class or the wider community.

Assessment for learning

Our teachers assess the children's work in PSHE both by making informal judgements as they observe them during lessons, along with more formal assessments of the work completed. We have a shared understanding of what the children will know, understand and have had experience of by the end of Key Stage 1.

We report children's achievements at the end of the year and the impact of the PSHE curriculum enabling our children to become healthy, independent and responsible members of society.

We encourage our pupils to consider their contribution to the life of the school and the community during assemblies and circle time activities. We encourage consideration of how they are developing personally and socially, and many of the moral, social and cultural issues that are part of growing up.

We do not set formal examinations in PSHE and citizenship. The assessments that we make of pupil achievement are positive, and record achievement in its widest sense.

Monitoring and review

Our PSHE and citizenship coordinator is responsible for monitoring the standards of children's work and the quality of teaching. Our subject leader supports colleagues in their teaching by giving them information about current developments in the subject, and by providing a strategic lead and direction for the subject in the school.

My Happy Mind

In addition to the PSHE and RSE curriculum our school has also taken on the My Happy Mind scheme which is an NHS

Initiative, this incorporates the PSHE and RSE objectives and gives the children an opportunity to revise and embed

knowledge through these lessons too. My Happy Mind is delivered in both EYFS and KS1.