



## KidSafe UK EYFS Session 4 of 6: Voice and telling trusted grown ups

Dear Parents/Carers,

Today in KidSafe we taught the children how to use their voices to say 'No' to any situation that may cause them to have 'yukky feelings' (when they are sad, scared or worried). Whilst we always encourage children to respectful, it is sometimes necessary for children to break the rules and say 'No' when they are faced with situations that make them feel 'yukky' or scared.

We also encouraged the children to think about trusted grown-ups that they could talk to if they had a 'yukky' feeling.

Please take the time to talk to your child about today's KidSafe and encourage them to tell you what they have learnt or enjoyed.

We welcome any comments you or your child have in relation to this session.

Yours sincerely,

Head teacher



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